

#### Who We Are

The Transplantation Society's Women in Transplantation initiative is a non-profit, international group of female transplant clinicians, researchers, and organ recipients committed to addressing the unique needs women have during their organ transplant journey. Learn more at www.tts-wit.org.



#### Who to Contact

Contact your transplant coordinator if you have any questions or symptoms discussed in this brochure. If required, they can refer you to the correct specialist.



#### Resources

Below are some helpful resources to learn more about cancer risks:

- www.cancer.org
- www.transplantliving.org/after-thetransplant/managing-comorbidities/



# **Steps to Take**



- Learn your family history of cancer
- Tell your doctor about your family history
- Ask if you should work with a genetic counselor
- Incorporate healthy habits to lower your risk

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# **Understanding Cancer Risks**with Your Transplant





#### **Breast Cancer**

- Regular self examination
- Mammogram every 1-3 years



## **Colon Cancer**

- Same as general population
- Annual or biennial faecal occult blood testing, or;
- Sigmoidoscopy every 5 years or colonoscopy every 10 years

# What Kind of Screening Tests





## **Skin and Oral Cancer**

- Regular self examination
- Physician or specialist examination every 1-2 years



# **Cervical Cancer**

- Pelvic examination every 1-3 years
- Pap cytology every 1-3 years